

ANNUAL REPORT

2024



A YEAR OF PROVEN OUTREACH AND LASTING CHANGE

As I reflect on the past year, I am filled with gratitude for how far we have come—and for the generous support from individuals like you who have made it possible.

Together, we are carefully managing the resources, opportunities, and relationships entrusted to us, ensuring that every person who walks through our doors has a chance for genuine transformation.

This past year, one of our greatest accomplishments has been our work in Kensington. What began as simple street outreach has grown into a vital presence in a community that many had overlooked. Together, we are helping individuals find a way out of desperate circumstances and restoring their lives.

As we look ahead, I invite you to stand with us by continuing to invest in this life-changing work.

Kensington has become a model of what is possible, and we are now being asked to replicate this work in other communities across the state. Our goal is to reach as many people as possible, and we are thoughtfully considering these opportunities to expand our impact.

Our mission is to help restore the lives of every man, woman, and teen who turns to us for help with addiction.

Thank you for being part of this journey. Together, we can continue to grow, expand, and bring hope to those whom society often overlooks. With your help, I know we can achieve even more than we imagined.

With gratitude,



Kris J. McFadden, Sr. M.A.R.
President & CEO



MISSION

To facilitate the restoration of people caught in the grip of drug and alcohol addictions and related mental health issues by providing a team of professionals who assist persons to pursue healing in an atmosphere of Christian faith and loving compassion.

VISION

Bringing Wholeness
to the Hopeless



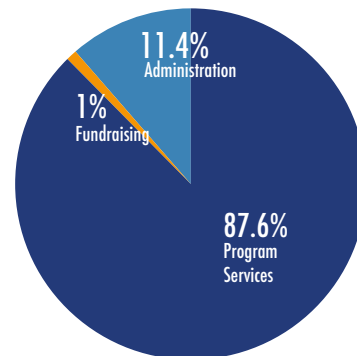
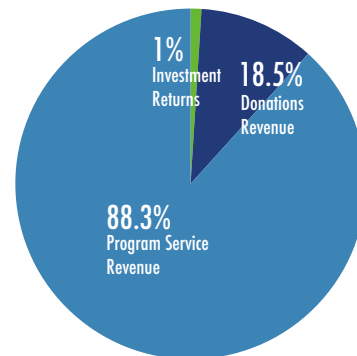
FINDING FREEDOM THROUGH RECOVERY

Ascend Ministries is an umbrella organization that provides governance and administrative oversight to Ascend Clinical Services, Naaman Center, and Pennsylvania Adult and Teen Challenge. Working together, this affiliated network delivers a full continuum of Substance Use Disorder (SUD) treatment and faith-based recovery support services, focusing on socially disadvantaged individuals and underserved communities.

STEWARDSHIP OF RESOURCES



FINANCIAL SUMMARY FOR THE YEAR ENDING JUNE 2024



Financial data from fiscal year 2024 (7/2023 - 6/2024). Audit by Boles Metzger Brosius & Walborn PC

BOARD OF DIRECTORS

33 Teen Challenge Road
P.O. Box 98, Rehrersburg, PA 19550

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JAMIE'S STORY

JOURNEY TO FREEDOM



Jamie's world changed after her parents divorced when she was four years old, their separation triggered by her father's alcoholism and abuse. After the divorce, he left Pennsylvania and returned to his home state of North Carolina.

At home, Jamie's mother worked long hours, and her grandparents often looked after her and her siblings. During the summer, the children were sent to live with their father in North Carolina in an attempt to maintain their relationship. **These visits were harrowing as he drank heavily** and would often drive drunk with

the children in the car. Jamie's brother – barely 10 years old himself – would sometimes drive them all home from bars, with Jamie praying they would make it home alive. As much as they tried to love their father, he was a deeply troubled man.

Throughout her childhood and teen years, Jamie never learned a way to express her emotions. She decided early on to stuff her feelings about her chaotic home life deep inside, until she couldn't feel anything at all.

The void Jamie felt in high school

was masked by her involvement in any activity she could participate in. **That void led her to drink alcohol for the first time in her life at 16 years old.** This started a life-altering pattern of substance abuse that steered her to become her worst nightmare... her father.

Jamie's adult relationships mirrored the chaos of her upbringing.

“Drinking became my constant companion.”

She found herself in an abusive relationship with a man who introduced her to cocaine. He was physically violent, and the abuse escalated until one night, he choked her to the point where she thought she was going to die.

Drinking became a constant companion, and her life unraveled further when she found herself pregnant, unsure of who the father was. Around the same time, she lost her job and got her first DUI at 20 years old.

This first offense instilled in Jamie the spark of resilience. She went back to college and earned an associate's degree in healthcare administration. She married and had two children, building what seemed like a perfect life on the outside. But inside Jamie, the silence of the void still held hold.

Her drinking escalated. Her marriage began failing. She felt empty, unfulfilled. She filed for divorce and her life spiraled further out of control, leading to more DUIs and Jamie hitting rock bottom.

That's when Jamie's mother intervened and called to discuss treatment options at Naaman, providing comprehensive care for substance use disorders. Her mother hoped for a chance at rehabilitation instead of more jail time. Jamie was accepted into the program and while initially resistant, tough love from her counselor Shannon, convinced her to not only complete the program but to stay beyond the court-ordered 90 days. **The extended time allowed her to fully surrender her control and trust God,** leading to deep healing. The tools and resources she

learned while at Naaman allowed Jamie to approach her addiction in a new way. Combining the evidence-based care provided by Naaman along with the spiritual discipleship from PAATC, Jamie was given a second chance at life and a dynamic approach to recovery.

